

PAINKILLERS

The Painkiller for Hurt

II Corinthians 10:3-5

For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

I. Hurt is part of my _____.

John 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

II. Hurt is always intensified by _____.

A. Unrealistic expectations are caused by a faulty _____ of _____.

B. God never _____ a hurt!!

III. Healing the hurt is a _____.

We have to deal with the root issue, not the symptom.

Why do I need to deal with the hurts in my life?

Hurts that are not dealt with lead to unhealthy hang-ups, which progress to uncontrollable habits.