



The Prison of Guilt

Lie: Guilt and shame are good for us in that they assist us in revealing our past and keep us from sinning.

John 16:8

When he comes, he will convict the world of guilt in regard to sin and righteousness and judgment:

- We are free from _____ because of our _____ in Christ. (II Corinthians 5:21)
- No matter what we may be doing, we do not bear the _____ or _____ because Christ bore the guilt once and for all.

1. Understanding the "conSCIENCE" of guilt

- Feelings of guilt are our conscience condemning us and telling us that we are _____.
- Our conscience serves as an internal parent to _____ and _____ the integrity of our behavior.

A. Our conscience is a product of the _____. (Genesis 2:25)

- Adam and Eve had direct, uninterrupted contact with God and were never meant to deal with _____ or _____ of good and evil.
- God knew that we would turn our focus from _____ to _____ when we had knowledge of good and evil.
- Adam and Eve's rebellion brought them the knowledge of _____ and _____ without the character strength to deal with it.

- Our conscience is a product of our loss of _____ and an adaptation to sort out good and evil.
- Our conscience responds to God's _____ law as well as our _____ law.

B. Three types of _____

_____ Conscience: This person is overly strict, very legalistic and finds guilt everywhere. (I Corinthians 8:7)

_____ Conscience: This person has little remorse. (I Timothy 4:2-3)

_____ Conscience: This person is spiritually trained and more accurately reflects God's views regarding actions. (Hebrews 13:18)

2. Understanding the solution to guilt (II Corinthians 7:8-11)

Godly Sorrow versus Guilt

- Godly sorrow faces _____; guilt faces _____.
- Godly sorrow is based on _____ for others; guilt is motivated by _____.
- Godly sorrow produces _____ in us; guilt never produces any long term _____.
- Godly sorrow understands _____; guilt understands the _____.

Guilt says, "I should be _____; I am not, so I am bad."

Godly sorrow says, "I see the _____, I am not measuring up. I am in trouble. I need to change if I am going to live and have what I desire."

We must get our minds off of the badness of our behavior and onto the lovelessness of the behavior.