

Lie: If I changed my behavior I would grow spiritually and emotionally.

## I. The Reality of Change

Matthew 23:25-26

*"Woe to you, teachers of the law and Pharisees, you hypocrites! You clean the outside of the cup and dish, but inside they are full of greed and self-indulgence. <sup>26</sup>Blind Pharisee! First clean the inside of the cup and dish, and then the outside also will be clean.*

- Believing that we would \_\_\_\_\_ better if we \_\_\_\_\_ better can drive you crazy.
- Believing that behavior change is the key to \_\_\_\_\_ and \_\_\_\_\_ growth is getting the cart before the horse.
- Changing only your behavior confuses \_\_\_\_\_ with \_\_\_\_\_.

Truth: Your actions are the \_\_\_\_\_ of spiritual change and not the \_\_\_\_\_ of it.

- Good behavior is the \_\_\_\_\_ and not the \_\_\_\_\_. (II Corinthians 3:18)
- Good behavior (physical manifestation) is an indication that God is doing an invisible internal \_\_\_\_\_ of \_\_\_\_\_ within you. (Philippians 1:9-11)

Question: If changing your behavior doesn't lead to \_\_\_\_\_ (emotionally and spiritually) what does?

## II. Understanding the Root Problems

- \_\_\_\_\_ is a spiritual \_\_\_\_\_; it reflects change more than it causes it.
- The Bible teaches that what you do and how you behave \_\_\_\_\_ who you are. (Matthew 7:18, 20)
- \_\_\_\_\_ and \_\_\_\_\_ growth does not occur all at once.

A. \_\_\_\_\_ to others

- God is relational and has created you to need \_\_\_\_\_ and each \_\_\_\_\_ . (Psalm 68:5)

B. \_\_\_\_\_ from others

- You were created to \_\_\_\_\_ from others in order to take \_\_\_\_\_ of your life. (Galatians 6:5)
- Functional \_\_\_\_\_, you are called to carry out your normal responsibilities.
- In this stage, you must learn what God has and has not given you \_\_\_\_\_.
- In this stage, you must learn to set \_\_\_\_\_ or \_\_\_\_\_.

Transition: You must learn to say yes to \_\_\_\_\_, (bonding) not to \_\_\_\_\_ (establishing boundaries).

C. Sorting out \_\_\_\_\_ and \_\_\_\_\_

- Death to Idealism: You must learn that you are an imperfect person living with other imperfect \_\_\_\_\_ in an imperfect \_\_\_\_\_.
- You must learn to \_\_\_\_\_ your losses, \_\_\_\_\_ others, and receive forgiveness from others. (Matthew 9:12 & Joel 2:25a)

D. Becoming an \_\_\_\_\_ (Matthew 23:9)

- You must move from emotional \_\_\_\_\_ to \_\_\_\_\_ . (I Corinthians 13:11)
- God desires you to be \_\_\_\_\_ and take \_\_\_\_\_ over what he has given you to take authority over: values, gifts, careers, marriages, friendships, callings, health
- In this stage, you must begin to \_\_\_\_\_ your \_\_\_\_\_.

## III. Understanding the Ingredients of Growth

- God uses the ingredients of grace, \_\_\_\_\_ and \_\_\_\_\_ to bring growth.

Saturday, August 23, 2008  
Sunday, August 24, 2008

A. \_\_\_\_\_: God's first ingredient, which you can't earn and you don't deserve, but you can't grow without.

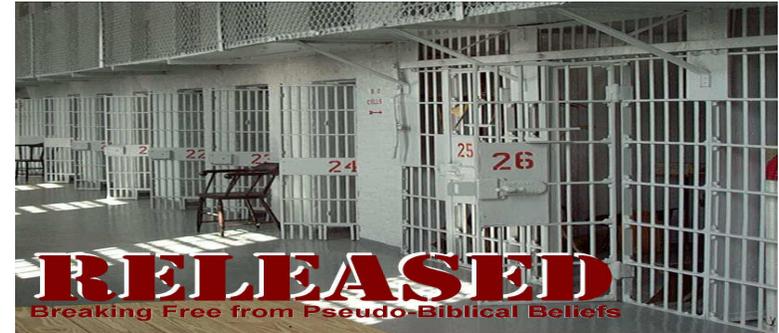
- Grace is God's \_\_\_\_\_ to restore \_\_\_\_\_ with him. (Romans 5:10)
- Grace is your \_\_\_\_\_ from God.
- Grace says you belong no matter \_\_\_\_\_ you are or \_\_\_\_\_ you do.
- Grace says you're part of the \_\_\_\_\_.
- Grace says you \_\_\_\_\_.
- Grace is not just a matter of \_\_\_\_\_, it is also a matter of \_\_\_\_\_.
- Receiving grace is using your "willpower" to put you in a position to receive \_\_\_\_\_. (John 15:4-6)

B. \_\_\_\_\_: If grace is the heart of growth, truth is the skeleton.

- Truth is God's basic info you must learn to live an \_\_\_\_\_.
- Truth helps you set \_\_\_\_\_. (II Timothy 3:16-17 & John 8:31-32)

C. \_\_\_\_\_: The incubator where grace and truth produce their fruit.

- Growth is not \_\_\_\_\_. (Luke 9:23)
- \_\_\_\_\_ and \_\_\_\_\_ come to you through Jesus. (John 1:17)
- Quick change is usually based on \_\_\_\_\_ and not \_\_\_\_\_. (1 John 4:18)
- Premature fruit is \_\_\_\_\_ driven versus \_\_\_\_\_ driven.
- You must not confuse lack of \_\_\_\_\_ with the fact that God is not \_\_\_\_\_. (Psalm 1:3)



## The Secret Of Change