



Happy Are the Sad

Matthew 5:4

Blessed are those who mourn, for they will be comforted.

I. The Mystery of Mourning

Genesis 37:34

Then Jacob tore his clothes, put on sackcloth and mourned for his son many days.

- Sorrow over _____ leads to the action of _____, which results in the blessed life.

II Corinthians 7:8-10

Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while—yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. ¹⁰Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

Psalm 30:5

For his anger lasts only a moment, but his favor lasts a lifetime; weeping may remain for a night, but rejoicing comes in the morning.

- _____ will never delight us until _____ upsets us.
- Jesus' call to mourning is a call to _____ over sin as Christ _____ over sin.
- _____ does not come from mourning itself but from God's _____ to mourning.

James 4:8-10

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. ⁹Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. ¹⁰Humble yourselves before the Lord, and he will lift you up.

II. The Process of Mourning

- _____ and _____ of sin must proceed and follow conversion.

II Corinthians 12:21

I am afraid that when I come again my God will humble me before you, and I will be grieved over many who have sinned earlier and have not repented of the impurity, sexual sin and debauchery in which they have indulged.

I John 1:9

- Those continually _____ are the ones genuinely _____.

III. God's Response to Mourning

- Mourning personal _____ positions us to be in the presence of _____ (John 14:16)

A. _____ is a comforter (Psalm 30:1-6)

B. _____ is a comforter (Matthew 11:28-30)

- Happiness comes to sad people, not because they are sad, but because their _____ leads them to _____.

We will have the promise of comfort as long as we have the daily practice of mourning and confessing our sin.

IV. The Practice of Mourning

A. Remember, Christ's _____ revealed the height of God's _____ and the depth of my personal sin.

B. Begin to see sin for the _____ it is.

C. Don't live in _____.

- Despair hides God's _____ and _____ behind ignorance.

D. Counteract _____.

- If Christ had to die for my sin then, I am "_____." (I Timothy 1:15)

E. Beware of the peril of _____.

- If what I trusted in in the past is not _____ my present, I do not have the _____ of future salvation. (II Corinthians 5:17)

F. Passionately reject _____. (James 4:13-14)

G. Don't be amused to _____.

- One day the _____ will _____. (Revelation 18:20-23)