



## Happy Are the Sad

Matthew 5:4

*Blessed are those who mourn, for they will be comforted.*

### I. The Mystery of Mourning

Genesis 37:34

*Then Jacob tore his clothes, put on sackcloth and mourned for his son many days.*

- Sorrow over \_\_\_\_\_ leads to the action of \_\_\_\_\_, which results in the blessed life.

II Corinthians 7:8-10

*Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while—yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. <sup>10</sup>Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.*

Psalm 30:5

*For his anger lasts only a moment, but his favor lasts a lifetime; weeping may remain for a night, but rejoicing comes in the morning.*

- \_\_\_\_\_ will never delight us until \_\_\_\_\_ upsets us.
- Jesus' call to mourning is a call to \_\_\_\_\_ over sin as Christ \_\_\_\_\_ over sin.
- \_\_\_\_\_ does not come from mourning itself but from God's \_\_\_\_\_ to mourning.

James 4:8-10

*Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. <sup>9</sup>Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. <sup>10</sup>Humble yourselves before the Lord, and he will lift you up.*

### II. The Process of Mourning

- \_\_\_\_\_ and \_\_\_\_\_ of sin must proceed and follow conversion.

II Corinthians 12:21

*I am afraid that when I come again my God will humble me before you, and I will be grieved over many who have sinned earlier and have not repented of the impurity, sexual sin and debauchery in which they have indulged.*

I John 1:9

- Those continually \_\_\_\_\_ are the ones genuinely \_\_\_\_\_.

### III. God's Response to Mourning

- Mourning personal \_\_\_\_\_ positions us to be in the presence of \_\_\_\_\_ (John 14:16)

A. \_\_\_\_\_ is a comforter (Psalm 30:1-6)

B. \_\_\_\_\_ is a comforter (Matthew 11:28-30)

- Happiness comes to sad people, not because they are sad, but because their \_\_\_\_\_ leads them to \_\_\_\_\_.

We will have the promise of comfort as long as we have the daily practice of mourning and confessing our sin.

### IV. The Practice of Mourning

A. Remember, Christ's \_\_\_\_\_ revealed the height of God's \_\_\_\_\_ and the depth of my personal sin.

B. Begin to see sin for the \_\_\_\_\_ it is.

C. Don't live in \_\_\_\_\_.

- Despair hides God's \_\_\_\_\_ and \_\_\_\_\_ behind ignorance.

D. Counteract \_\_\_\_\_.

- If Christ had to die for my sin then, I am " \_\_\_\_\_ ." (I Timothy 1:15)

E. Beware of the peril of \_\_\_\_\_.

- If what I trusted in in the past is not \_\_\_\_\_ my present, I do not have the \_\_\_\_\_ of future salvation. (II Corinthians 5:17)

F. Passionately reject \_\_\_\_\_ (James 4:13-14)

G. Don't be amused to \_\_\_\_\_.

- One day the \_\_\_\_\_ will \_\_\_\_\_ (Revelation 18:20-23)