

Secrets to Making Resolutions Stick

When I see as God sees, I will do as God wills.

1 Corinthians 6:12-20

"Everything is permissible for me"—but not everything is beneficial. "Everything is permissible for me"—but I will not be mastered by anything. ¹³"Food for the stomach and the stomach for food"—but God will destroy them both. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. ¹⁴By his power God raised the Lord from the dead, and he will raise us also. ¹⁵Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! ¹⁶Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." ¹⁷But he who unites himself with the Lord is one with him in spirit. ¹⁸Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. ¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore honor God with your body.

1. See my body as a _____.
 - We don't _____ a temple but we do _____ it.
 - When it comes to our bodies, we are either _____ or _____.
 - Understanding that my body is God's _____ is a filter for all _____ I make concerning my body.

1 Thessalonians 4:3-5

It is God's will that you should be sanctified: that you should avoid sexual immorality; ⁴that each of you should learn to control his own body in a way that is holy and honorable, ⁵not in passionate lust like the heathen, who do not know God;

2. See myself as a _____ of God's body.
 - As a manager, I will have to give an _____ of how I took care of God's _____.
 - My _____ well-being has an effect on the _____ well-being of my family.

1 Corinthians 12:27

Now you are the body of Christ, and each one of you is a part of it.

3. See myself as _____ in _____.
 - There is a unity among our body, _____ and _____.

Ephesians 3:16

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

- We are mostly concerned with our _____ man while God is mostly concerned with our _____ man.
- Our _____ is the fundamental element of our _____.
- Because our spiritual lives feed every other part of our lives, _____ is first focused on the spiritual life.

1 Timothy 4:8

For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.