

Luke 2:1-7

In those days Caesar Augustus issued a decree that a census should be taken of the entire Roman world. ²(This was the first census that took place while Quirinius was governor of Syria.)

³And everyone went to his own town to register.

⁴So Joseph also went up from the town of Nazareth in Galilee to Judea, to Bethlehem the town of David, because he belonged to the house and line of David. ⁵He went there to register with Mary, who was pledged to be married to him and was expecting a child.

⁶While they were there, the time came for the baby to be born, ⁷and she gave birth to her firstborn, a son. She wrapped him in cloths and placed him in a manger, because there was no room for them in the inn.

Rest - to cause to cease from movement
in order to collect strength.

Part 1: Why Rest?

1. Rest is God's _____ to you.

Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

³⁰For my yoke is easy and my burden is light."

- Busyness will equal _____, while stillness equals _____.

Psalm 46:10

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Luke 5:16

But Jesus often withdrew to lonely places and prayed.

2. Rest is God's _____ for you.

Genesis 2:2

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

Part 2: Three Levels of Rest

1. _____ Rest

- Redemption rest is a rest from our _____.
- Redemption rest is a rest in our _____.
- Redemption rest is an understanding that our _____ are _____ in Christ.

2. _____ Rest

- Canaan rest is letting your standing in _____ affect your standing in _____.

Romans 5:10

For if, when we were God's enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life!

Hebrews 4:1

Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.

- Canaan rest is for those who are sold out to _____ vs. _____.
- Learning how to fight and win _____ brings Canaan rest.
- Canaan rest occurs when we apply God's specific _____ to our specific _____.

3. _____ Rest

- A prerequisite for Sabbath rest is _____ with God.
- Sabbath rest is learning to live the _____ life.

Philippians 2:13

for it is God who works in you to will and to act according to his good purpose.

- Sabbath rest is found by those who realize that they were not saved to _____ for God but saved to _____ God.

1 Peter 3:15

But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,

- Sabbath rest is for those who are determined to live as _____ and not _____.

When you live with a passion for the Creator, his power will be unleashed in your life.

Week 3: Rest