

## The Courage to Be Kind

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

### Part 1: Putting on a Little Kindness

1. Kindness is love in \_\_\_\_\_.

Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Kindness is something that we \_\_\_\_\_ daily.

We put on kindness because it is \_\_\_\_\_.

Ephesians 2:8

For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God

Matthew 7:12

So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.

Proverbs 21:21

He who pursues righteousness and love finds life, prosperity and honor.

3. Kindness is the key to \_\_\_\_\_.

Romans 2:4

Or do you show contempt for the riches of his kindness, tolerance and patience, not realizing that God's kindness leads you toward repentance?

2 Timothy 2:24

And the Lord's servant must not quarrel; instead, he must be kind to everyone, able to teach, not resentful.

### Part 2: Five Keys to Kindness

Be \_\_\_\_\_.

Philippians 2:4

Each of you should look not only to your own interests, but also to the interests of others.

Kindness starts with your \_\_\_\_\_ and \_\_\_\_\_.

The root of most relational problems is \_\_\_\_\_.

\_\_\_\_\_ must move to \_\_\_\_\_.

\_\_\_\_\_ is learning to share another person's sorrow.

Romans 12:15

Rejoice with those who rejoice; mourn with those who mourn.

\_\_\_\_\_ is learning to make other people's concerns your own.

Be \_\_\_\_\_.

Supportive \_\_\_\_\_ is a mark of kindness.

Proverbs 15:4

The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.

\_\_\_\_\_ is oxygen to the soul.

Hebrews 10:24

And let us consider how we may spur one another on toward love and good deeds.

Proverbs 18:21

The tongue has the power of life and death, and those who love it will eat its fruit.

Be \_\_\_\_\_.

Kindness must sometimes be \_\_\_\_\_.

Proverbs 27:6

Wounds from a friend can be trusted, but an enemy multiplies kisses.

Kindness is more concerned with personal \_\_\_\_\_ than relational \_\_\_\_\_.

Kindness is not afraid of \_\_\_\_\_.

4. Be \_\_\_\_\_.

Galatians 6:10

Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Kindness is a \_\_\_\_\_ thing.

Kindness always \_\_\_\_\_.

The number one enemy to kindness is \_\_\_\_\_.