

More Than a Feeling

Philippians 3:10a

I want to know Christ and the power of his resurrection...

Part 1: Looking at Changing Your Life

A. The Power of Change

What resurrection power can do:

- _____ your past

Colossians 2:14

having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross.

Jeremiah 31:34b

"For I will forgive their wickedness and will remember their sins no more."

- _____ your problems

Romans 8:37

No, in all these things we are more than conquerors through him who loved us.

- _____ your personality

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

B. The Process of Change

What it takes to have lasting change:

Philippians 2:12-13

Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, ¹²for it is God who works in you to will and to act according to his good purpose.

- Engage the discipline of _____

2 Timothy 3:16-17

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷so that the man of God may be thoroughly equipped for every good work.

- Surrender to the _____

- The Holy Spirit brings us new _____, new _____, and a new _____

- Allow God to _____ through _____

Procrastination is the only thing that will keep you from the life you have always wanted.

- Circumstances are God's final tool for _____

Part 2: Looking at Changing Your Love

A. An Honest Look at Love

What love is and is not:

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law.

- Love is a matter of _____

Colossians 3:14

And over all these virtues put on love, which binds them all together in perfect unity.

- Love is a matter of _____

1 John 3:18

Dear children, let us not love with words or tongue but with actions and in truth.

- Love is more than a _____

B. Learning to Love

Five steps to loving someone:

- _____ how deeply God _____ you.
- _____ your enemies.

Forgiveness is taking back that piece of your heart you gave that person when you held resentment against him.

Colossians 3:13

Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you

- It is impossible to _____ someone fully and at the same time _____ someone else.
- In order to begin loving people today, we must close the door on the _____.
- _____ to self.

Philippians 2:4-5

Each of you should look not only to your own interests, but also to the interests of others. ⁵Your attitude should be the same as that of Christ Jesus:

Love is not simply an uncontrollable force.

- We must learn to focus on _____ needs, hurts, problems, desires, and goals and not just _____.
 - Love begins when you look beyond a person's _____ and see his _____.
4. _____ by faith.
- You don't _____ your way to actions, you _____ your way to feelings.
5. _____ the best.

1 Corinthians 13:7

It always protects, always trusts, always hopes, always perseveres.

- People live up to what is _____ of them.
- Learn to treat people the way you want them to _____.

How Do You Love Your Enemies?

Luke 6:27-28

"But I tell you who hear me: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you."

1. "Love" them: Choose to _____ their faults.

Ephesians 4:2

Be completely humble and gentle; be patient, bearing with one another in love.

2. "Do good": _____ a real need or a practical need and _____ it.
3. "Bless": Look for ways to speak a _____ to them.

Proverbs 12:18

Reckless words pierce like a sword, but the tongue of the wise brings healing.

4. "Pray for them": Prayer will change _____ as well as _____ in the process.

Week One:
More Than a Feeling